

Senior Community Camp 2019

MT EVELYN YMCA
RECREATION CAMP

When

Camp A: SCH, SCM, SCE

Monday 29th April - Wednesday 1st May

Camp B: SCN, SCS, SCR

Wednesday 1st May - Friday 3rd May

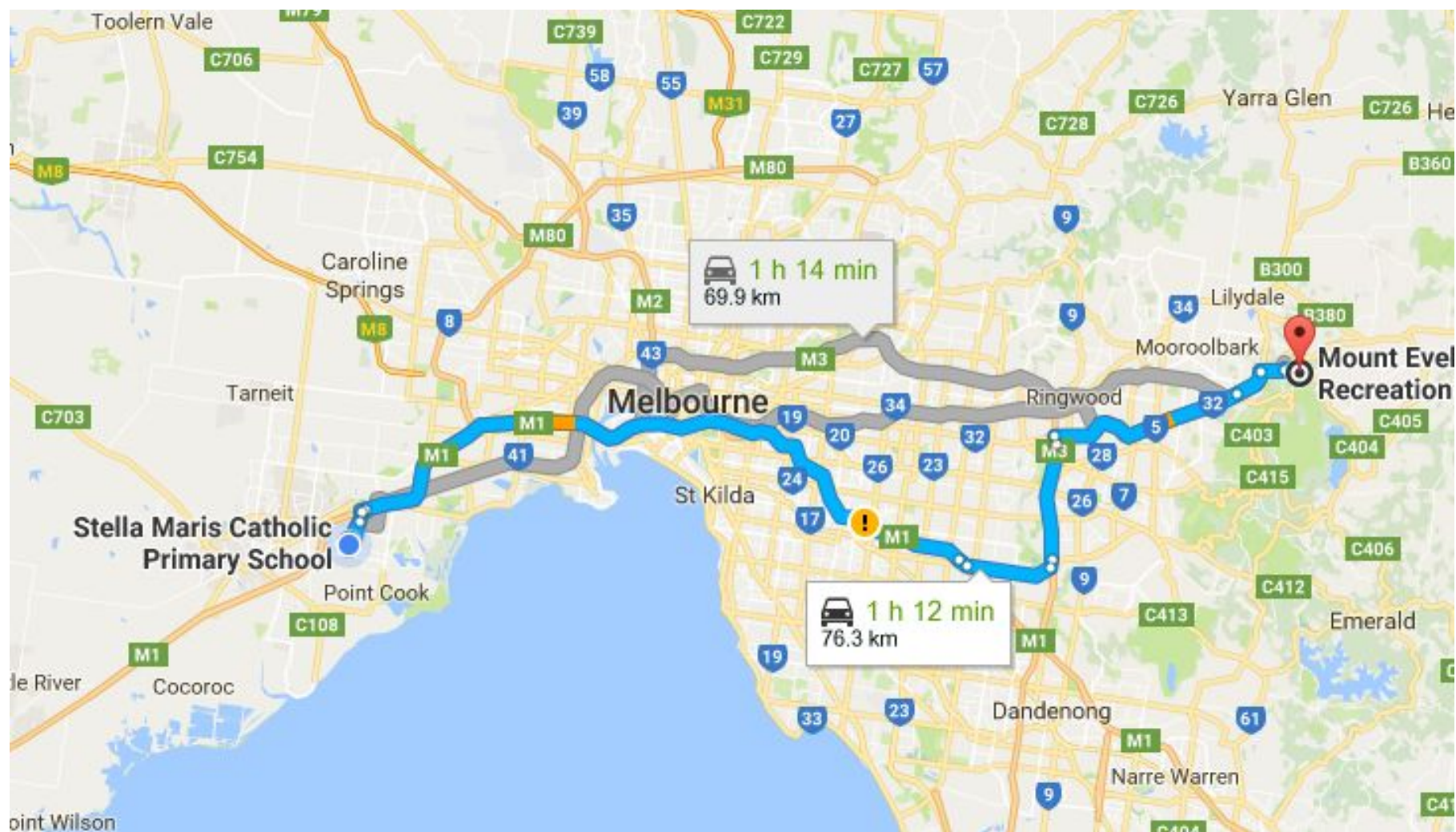
Where

Mt Evelyn Recreation Camp

Address:

- 70 Tramway Rd, Mt Evelyn, VIC 3796





Why

- Development social, emotional, physical and personal skills
- Growth Mindset
- Development of our Gospel Values and Habits Of The Mind



Victorian Curriculum



Victorian Curriculum

Foundation–10

<http://victoriancurriculum.vcaa.vic.edu.au/>

Personal and Social Capability

Levels 5 and 6 Content Descriptions:

- **Self-Awareness and Management**

Recognition and expression of emotions

Development of resilience

- **Social Awareness and Management**

Relationships and diversity

Collaboration

YMCA Learning Experience Foci:

Solve problems together

Connect with others

Provide opportunities for leadership

Heading to Camp A

- Arrive at school by 7.45am - bags at the back gate
- Hand in any medication to First Aid teacher
- Meet outside Foundation area for roll call
- Depart for camp from Stella Maris at 8:15am
- Arrive at campsite at 10:00am (approx)
- Settling into cabins and orientation
- Whole group games - organised by camp staff

Heading to Camp B

- Arrive at school by 7.45am - bags at the back gate
- Hand in any medication to First Aid teacher
- Meet outside Foundation area for roll call
- Depart for camp from Stella Maris at 8:15am
- Arrive at Silvan Dam at 10:00am (approx)
- Walk to campsite (4km)
- Settling into cabins and orientation

Heading Home Camp A

- Wake up
- Breakfast
- Tidy up and big clean up
- Walk to Silvan Dam (4km)
- Lunch
- Back to school by 3pm.

Heading Home Camp B

- Wake up
- Breakfast
- Tidy up and big clean up
- Whole group games - organised by camp staff
- Lunch
- Back to school by 3pm.

Activities

Bike Education / Pump Track

Giant Swing

High Ropes

Archery

Crate Stack

Flying Fox

Giant Swing

Soar through the air from 18m high or enjoy a gentle swing. You choose the challenge!



Bike Education/ Pump track



Learn about bike safety; preparing for a ride, controlling the bike and proper braking techniques. After some training, your skills will be put to the test! An extra instructor is provided for this activity at minimal extra cost to assist less confident riders.

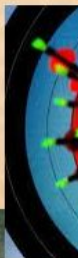
Flying Fox



Strap yourself in for an exhilarating ride down the 100 metre zip line. If you have an extra adult, a second pair of hands is most helpful at the Flying Fox.

Archery

Learn the art of archery and try to hit a bullseye!



Silvan Walk

Stroll through the beautiful Dandenong Ranges National Park as you make your way between Mt Evelyn Recreation Camp and Silvan Dam. The walk is rated at an easy – moderate 4.5kms and takes approx 1.5 hrs. Lunch at the dam is optional. A great way to start or finish your camp!



Camp Essential Agreement

- Please read this with your child
- Discuss the expectations and consequences
- Return signed agreement

CAMP ESSENTIAL AGREEMENT

To ensure a positive, memorable, fun and safe experiences, it is expected all students must show:

- **Cooperation** by remaining in the main camp area unless accompanied by an adult
- **Respect** by only entering the cabins in which you are sleeping in and allowing others to sleep
- **Cooperation and respect** to all while using camp facilities, taking part in camp activities and keeping your cabin and belongings organised
- **Independence** by completing set duties at dinner and going to sleep when requested at night
- **Empathy** towards others by being caring, inclusive and helpful
- **Cooperation** by waiting until requested to commence specialised activities run by an adult.
- **Integrity** by leaving all valuables, including mobile phones, and electronic devices at home and doing the right thing at the right time.

Students are encouraged to be **open-minded**, **enthusiastic** and **risk-takers** and attempt all activities but in particular to **HAVE FUN!**

MY CAMP CONTRACT

I, _____ of the Senior Community, understand that I must follow the Camp Essential Agreement. I understand that if I do not, then the teachers have the right to either contact my parents and request that they come to Mt Evelyn Camp and take me home; or a teacher may take me home immediately at my parent's expense.

Forms to be returned by: Wednesday 27th March

- Camp Essential Agreement

- Medical Forms

[See tetanus section at the top of page 2]

- Permission Form

[Detach medical section if required]

[All three forms must be completed correctly before they will be accepted by a mentor]

Medication Label

Complete and
attach to the
medication.
Hand this in
on the
morning of
camp

MEDICATION LABEL

Date:

I authorise the teachers to administer the following medications as per the prescribed dosage.

Name of Child:

Name of medication:

Frequency of dose:

Time to be taken:

Duration the medication needs to be taken:

Signed:

(Mother/Father/Guardian)

Medication

All medication to be handed in on the day to either **Emily Kay** (Camp A) or **Leah Seychell** (Camp B).

If your child has Asthma, we recommend that your child carry their own ventolin in their pockets or provide a bag for easy storage and access if needed. Ensure that this is labeled with your child's name. This is the only medication children can have access to.

Any child with an anaphylactic allergy **MUST have 2 EpiPens while at camp**, as per YMCA rules and regulations.



Menu Example

- Continental breakfast
- Scrambled eggs and bacon
- Chicken burritos
- Hot beef rolls
- Fruit platters
- Pasta and meatballs
- chicken schnitzel
- Ice-cream, apple crumble, cheesecake.

If you child has special dietary requirements, please let us know.




Accommodation

- Cabins of between 6 and 12 students
- Separate boy / girl accommodation wings
- Central heating
- Mentors on hand for night noise.



Facilities

- Basketball, tennis and volleyball courts
- Grassed oval (for footy/soccer etc)
- Ga-ga pit
- Creek and bridge to view the resident platypus, native crayfish and eels
- Solar-heated outdoor swimming pool



Concerns

Any issues and concerns, please speak to your child's home group teacher, Simone or Richard (camp leaders) or Steve.

If your child is anxious and concerned, please coach them to help them through their worries.



Questions